

General Terminology		Courtesy Neal Kodama
Sounds for vowels (A, I, U, E, O) are:		
A	ah - as in father	
I	ee - as in tree	
U	oo - as in moo	
E	eh - as in bed	
O	oh - as in over	

Japanese Word	English Meaning	Comments
Ju-do	Gentle - way	
Judoka	Judo Practioner	
Sensei	Teacher	Typically used after the surname when addressing the person
Judogi	Judo Uniform	Or simply 'gi'
Obi	Belt	
Kumi Kata	How to hold/meet each other	In judo, it is referred to gripping techniques
Seiza	"Proper sitting"	
Anza	Cross legged sitting	
Rei	Bow	Tachi rei = standing bow; Zarei = seated bow
Sensei ni	Toward the teacher	ni is designation for place/position
Shomen	Front	ie: shomen ni = toward the front
Joseki	Place of honor/Upper seat	ie: joseki ni = toward the place of honor. May be used instead of shomen ni in some club's bow-in
Kata	Forms	
Ukemi	Art of falling safely/breakfall	
Kiai	Shouting/source of spirit	
Kiotsuke	Attention!	
Tokui	Favorite	ie: tokui waza = favorite technique
Onegaishimasu	Please	Different from 'kudasai/please' when asking. Onegaishimasu is more literally, "please do me a favor with your attention"
Shiai	Contest	
Ebi	Shrimp	
Yame	To stop, to end, to cease	
Arigato Gozaimasu	Thank you very much	

Japanese Word	English Meaning	Comments
Common Shiai Words		
Hajime	Start/Begin	
Mate	Stop!	
Osae komi	The pin has begun	
Toketa	To loosen, to become untied	
Maitta	I give up	Spoken when tapping with hands or feet not possible
Waza-ari	Literally: techniques (waza)-to have (aru)	To have enough technique to be recognized as a score. In judo, 2019, is similar to 1/2 point
Awasete	To put together	ie: waza-ari awasete ippon = put together waza-ari for ippon
Sonomama	Without Change	In competition, hold your position
Yoshi	Okay	Restart from the sonomama position
Shido	Guidance	
Hansoku make	Foul play defeat	
Sodemade	That is all	

Parts of a throw		
Kuzushi	Off Balance	
Tsukuri	Entry	
Kake	Execution and completion	